

# ROOTED

STANDING STRONG IN GOD'S TRUTH

WEEK 4

## DAY 1 READ DANIEL 6:3-4

Daniel's enemies couldn't find anything to trip him up—except his goodness. He was so in the habit of doing the right thing that even threatening to punish him didn't slow him down.

Stand in a doorway and press your hands against the sides, like you're trying to raise them. Hold them against the doorway for about a minute, then step back and let your hands relax. What happens? (Your hands raise up by themselves, right?)

We need to be so in the habit of doing the right thing that it comes naturally to us—that we just can't help it.

**THANK** God for examples like Daniel who show us how to stand for what's right.

## DAY 2 READ GENESIS 6:9B, 22

When you think of Noah, what word comes to mind? God trusted Noah to build an ark and load up two of every animal, plus his family, so they could all be saved from the flood. But why did God choose Noah? The Bible says that Noah walked faithfully with God, and did everything God told him to do.

What word do you think comes to mind when others think about you?

Can you be trusted to do the right thing?

**ASK** God to help you be trustworthy and to do what God asks.

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#### DAY 3

READ JOB 1:8-12, 22

Job was such a man of conviction that even Satan's plot to take everything he had didn't stop Job from praising God. And later when other people were trying to change his mind, Job's convictions still remained strong.

Who in your life do you see as a person of conviction? Talk to that person and try to discover some of their "secrets" to conviction. Ask them about a time when they were tempted to NOT stand up for the right thing. Ask them to pray for you; that you would become a person of conviction just like they are.

**LOOK** for good examples of conviction in others and thank them for their guidance.

#### DAY 4

READ DANIEL 2:20-23

When you look at these verses—who does Daniel say that power and wisdom comes from to be able to stand up for what's right?

In the blanks below, fill out either the action that keeps you in the habit of standing for what's right or when you are challenged. (Hint: There are no right or wrong answers.)

#### HABIT

#### CHALLENGE

\_\_\_\_\_ You notice the cashier gave you back too much change.

\_\_\_\_\_ You notice your little sister is having a hard time carrying her backpack.

\_\_\_\_\_ You want to watch a TV show you know your parents don't want you to watch.

**KNOW** that being a person of conviction takes lots of practice.